

The Mandatory Training Course provided by The Health and Safety Group is a full day high impact face to face classroom training course. The course has been designed to deliver worthwhile refresher content within a reasonable time frame that nurses and care staff can allocate to such training.

The course content is aimed at nurses and care staff to assist in them meeting their mandatory training requirements. The Mandatory Training Course provided by the Health and Safety Group is a refresher course only and whilst key elements of each subject are covered, no module represents a full length training course in the subject.

Course Content Overview

Health and Safety

- Health and Safety
- Regulations
- Employees & Employers Duties
- Hazards & Risks
- Safety Management System
- Handling Chemicals Safely
- Control of Substances Hazardous to Health
- RIDDOR

Information Governance

- Statutory Legislation
- Disclosure to Protect the Public
- Patient Consent & Confidentiality
- Caldicott Principles
- Data Protection
- Information Security

Equality & Diversity

- Attitudes
- Values & Beliefs
- Legislation
- Protected Characteristics
- Types of discrimination
- Equality Duty
- Human Rights,
- Bullying & Harassment
- Whistleblowing

Fire Safety

- Statistics
- Fire Triangle
- Types of Fire
- Fire Extinguishers
- Fire Plan
- Local Practice & Policies
- Considerations Before Tackling Fire
- Actions on Discovering Fire

Infection Control

- Legislation
- Types of Healthcare Acquired Infections
- Chain of Infection
- COSHH
- RIDDOR
- Common Infections
- Including MRSA, & C Diff
- Universal Precautions

Food Hygiene

- The Law
- Personal Hygiene
- Food Poisoning
- Bacteriology
- Prevention of Contamination
- Premises & Pest Control
- Disinfection,
- Hand Hygiene
- Principles of Safe Cooking
- Storage of Food

Basic Life Support

- Adult and Paediatric (In line with the UK Resuscitation Council guidelines)
- Choking - The Immediate Interventions
- Recovery Position
- Cardio-Pulmonary Resuscitation (Chain of Survival, Sequence of CPR, Algorithm, Correct Techniques) - Including Practical Session and Assessment

Moving & Handling

- Legislation
- Anatomy & Physiology of Spine
- Principles of Biomechanics
- Considerations
- Controversial Techniques
- Safe Techniques – Including Practical Session and Assessment

Safeguarding Vulnerable Children (Level 1 & 2)

- Legislation
- Types and Signs of Abuse
- Determining Risk
- Reporting,
- Responsibilities
- Best Practice and Taking Action
- Child Trafficking
- Radicalisation
- Female Genital Mutilation

Safeguarding Vulnerable Adults (Levels 1 & 2)

- Legislation
- Key Safeguarding Principles
- Types/Signs of Abuse
- Determining Risk
- Contributory Factors
- Reporting
- Responsibilities
- Best Practice and Taking Action, including capacity, consent and confidentiality
- Forced Marriage
- Honour Based Violence
- Radicalisation
- Dignity & Respect

Complaints Handling + Conflict Management

- Why People Complain
- Types of Complainers
- How People Complain
- How to Handle Complaints
- Strategies to Manage Complaint
- Local Policies and Practice Risk Assessment
- Communication Skills,
- Recognising Aggressive Body Language
- Signalling Non-Aggression,
- Defusing Aggression
- Breakaway Techniques

Lone Worker

- Awareness of Personal Safety Issues
- Strategies to Minimise Risks for Lone Worker
- Suzanne Lamplugh Trusts' Model for Lone Worker
- Diluting the Risk of Lone Worker